

- Blueberry PANCAKES & Hot Strawberry Sauce -

breakfast > Blueberry Pancakes & Hot Strawberry Sauce



make **14** and ready in about **20** minutes

Shopping LIST:

50g oat bran, **125g** flour, **40ml** soya milk, **2** eggs, **1** drop vanilla flavour, **1tsp** baking powder, **125g** fresh blueberries, **250g** frozen strawberries, **1 tbs** sugar, butter for frying.

Method:

- Combine **50g** oat bran and **125g** flour in a blender, then add **40ml** soya milk, **2** eggs, **1** drop vanilla flavour and **1tsp** baking powder. Blend for **30** seconds, then add **125g** blueberries and blend again for a few more seconds.
- Melt **1** spoon butter in a frying pan and pan-fry tablespoons of the batter to make the pancakes, turning them over when the mixture forms bubbles on the surface.
- To make the [hot strawberry sauce](#), cook **250g frozen strawberries** and **1** tablespoon sugar, gently in a saucepan until the strawberries soften. Pour the sauce over the blueberries pancakes and enjoy.

"bon appétit"



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